E-punch schedule for standard C meets (including student assistants																								
	9:00	9:15	9:30	9:45	10:00	10:15	10:30	10:45	11:00	11:15	11:30	11:45	12:00	12:15	12:30	12:45	13:00	13:15	13:30	13:45	14:00	14:15	14:30	14:45
							Cours	ses St	art W	lindow														
				Runners finishing courses																				
Helper #1	Train	1		E-card check out and deposit collection						E-card check in and deposit return														
Helper #2	Train	1	Day-	Day-of-Meet entries Day-of-Meet changes Event Backups						Inte	E-punch download Interim Results Event Backups													
	loctup una li rotiaco appietance to neibero ap necaea														Reso gene		sues a esults		Collect e-boxes from course setter					

If a helper plans to run a course, then that person can be replaced by another person who can handle the after 11:00 duties. When this is the case, all helpers should show up for the training session.

Helper 1: Should be able to write clearly when recording names, e-card numbers, and deposits

Helper 2: Should be able to enter data into a laptop using a spreadsheet like window