

Course Setter Notes

Arbor Hills DIY-O

November 2021

Welcome to Arbor Hill Nature Reserve in Plano. Please obey posted, park rules in the park.

This is a heavily used urban park with a system of paved and unpaved trails. Two trails have been closed and they are marked on the map with purple X's.

Park hours are 5 am to 11 pm except for Wednesday. On Wednesday the park is open from 2 pm to 11 pm. This is a very busy park. If possible, plan to run the course on a week day or weekend afternoon.

Unpaved trails are closed when wet. This will prevent access to many controls on rainy days. Plan accordingly.

The Map

The map will be at a scale of 1:5000 with a 2.5-meter contour interval.

Terrain

Most of the park is fairly flat with a large creek that runs from the northeast to the southwest. Bridges and crossing points are marked on the map. Some of the areas along the creek have very steep banks. Most of the reserve is a mix of dense wooded areas and open grassy areas.

Hazards

The woods contain some typical hazards for this region, including poison ivy, black locust trees, mesquite trees, green briar thorns, and rusty barbed wire fences. All orienteers are encouraged to wear long pants and/or gaiters for leg protection. There is the normal assortment of reptiles, etc. Leave all of them alone as they are usually unfriendly.

Cyclists

There are dedicated mountain bike trails in the south-central area of the park; south of the creek. None of the controls are in that area. This area is clearly marked and should be avoided.

Special Features

Special man-made features (represented by X or O) on the map and clue sheets can mean sewer access points, signs, benches, poles, posts, guy wires, concrete pads and the like.

Safety

This is a Do-It-Yourself event. You are responsible for your own safety. There is no need to check in or out when you participate.

Courses

There are three courses, Yellow (beginner), Orange (intermediate), and Green (advanced). There is also an all-controls map that you can use to design your own course and run as a Score-O finding as many controls as you can.

In place of the usual orienteering control bags, pink and orange streamers have been hung at each control location. The control ID is written on the streamer. There are no punches.

Bring your own water as none will be provided on the course. There are restrooms near the pavilions, southwest of the main parking area on W Parker Road.